

January 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9 Conditioning-Weight Room/Field 4:00-5:30 pm	10 Condition – Field 4:30 Throw Around – 5:30	11 Conditioning-Weight Room/Field 4:00-5:30 pm	12 Condition – Field 4:30 Throw Around – 5:30	13 Conditioning-Weight Room 4:00 – 4:45pm	14
15	16 Conditioning-Weight Room/Field 4:00-5:30 pm	17 Condition – Field 4:30 Throw Around – 5:30	18 Conditioning-Weight Room/Field 4:00-5:30 pm	19 Condition – Field 4:30 Throw Around – 5:30	20 Conditioning-Weight Room 4:00 – 4:45pm	21
22	23 Conditioning-Weight Room/Field 4:00-5:30 pm	24 Condition – Field 4:30 Throw Around – 5:30	25 Conditioning-Weight Room/Field 4:00-5:30 pm	26 Condition – Field 4:30 Throw Around – 5:30	27 Conditioning-Weight Room 4:00 – 4:45pm -	28
29	30 Conditioning-Weight Room/Field 4:00-5:30 pm	31 Condition – Field 4:30 Throw Around – 5:30				

February 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Conditioning-Weight Room/Field 4:00-5:30 pm	2 Condition – Field 4:30 Throw Around – 5:30	3 Conditioning-Weight Room 4:00 – 4:45pm	4
5	6 Conditioning-Weight Room/Field 4:00-5:30 pm	7 Condition – Field 4:30 Throw Around – 5:30	8 Conditioning-Weight Room/Field 4:00-5:30 pm	9 Condition – Field 4:30 Throw Around – 5:30	10 Conditioning-Weight Room 4:00 – 4:45pm	11
12	13 Conditioning-Weight Room/Field 4:00-5:30 pm	14 Condition – Field 4:30 Throw Around – 5:30	15 Conditioning-Weight Room/Field 4:00-5:30 pm	16 Condition – Field 4:30 Throw Around – 5:30	17 Conditioning-Weight Room 4:00 – 4:45pm	18
19	20 Conditioning-Weight Room/Field 4:00-5:30 pm	21 Condition – Field 4:30 Throw Around – 5:30	22 Conditioning-Weight Room/Field 4:00-5:30 pm	23 Condition – Field 4:30 Throw Around – 5:30	24 Conditioning-Weight Room 4:00 – 4:45pm	25
26	27 PRACTICE 4:30-7:30 Alder Creek	28 PRACTICE 4:30-7:30 Alder Creek	29 PRACTICE 4:30-7:30 Alder Creek			

March 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 PRACTICE 4:30-7:30 Alder Creek	2 PRACTICE 4:30-6:30 Alder Creek	3
4	5 PRACTICE 4:30-7:30 Alder Creek	6 PRACTICE 4:30-7:30 Alder Creek	7 PRACTICE 4:30-7:30 Alder Creek	8 PRACTICE 4:30-7:30 Alder Creek	9 PRACTICE 4:30-6:30 Alder Creek	10
11	12 PRACTICE 4:30-6:30 Alder Creek	13 Riverdale - AWAY	14 PRACTICE 4:30-6:30 Alder Creek	15 Grant – HOME 6:30 JV, 8:00 Varsity	16 PRACTICE 4:30-6:30 Alder Creek	17 Sunset Jamboree Varsity and JV
18	19 PRACTICE 4:30-6:30 Alder Creek	20 Sunset - AWAY	21 Sherwood – AWAY JV only Varsity Pract	22 PRACTICE 4:30-6:30 Alder Creek	23 Day Practice at CHS Time TBD	24
25	26 CHS 4-6 Field Use	27 CHS 4-6 Field Use	28 CHS 4-6 Field Use	29 CHS 4-6 Field Use	30 CHS 4-6 Field Use	31

April 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 PRACTICE 4:30-6:30 Alder Creek	3 Riverdale - HOME	4 PRACTICE 4:30-6:30 Alder Creek	5 Southridge - HOME	6 PRACTICE 4:30-6:30 Alder Creek	7
8	9 Lake Oswego - AWAY	10 PRACTICE 4:30-6:30 Alder Creek	11 PRACTICE 4:30-6:30 Alder Creek	12 PRACTICE 4:30-6:30 Alder Creek	13 West Linn - AWAY	14
15	16 PRACTICE 4:30-6:30 Alder Creek	17 Lakridge - HOME	18 PRACTICE 4:30-6:30 Alder Creek	19 PRACTICE 4:30-6:30 Alder Creek	20 Oregon City - HOME	21
22	23 PRACTICE 4:30-6:30 Alder Creek	24 Canby - AWAY	25 PRACTICE 4:30-6:30 Alder Creek	26 PRACTICE 4:30-6:30 Alder Creek PRACTICE	27 Lake Oswego - HOME	28
29	30 PRACTICE 4:30-6:30 Alder Creek					

May 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 West Linn - HOME	2 PRACTICE 4:30-6:30 Alder Creek	3 PRACTICE 4:30-6:30 Alder Creek	4 Lakeridge - AWAY	5
6	7 PRACTICE 4:30-6:30 Alder Creek	8 PRACTICE 4:30-6:30 Alder Creek	9 Oregon City - AWAY	10 PRACTICE 4:30-6:30 Alder Creek	11 Canby – HOME SENIOR NIGHT !!!!!	12 PRACTICE CHS 2:00 -4:00
13	14 Practice TBD	15 FIRST ROUND	16 FIRST ROUND	17 QUARTERFINALS	18 QUARTERFINALS	19
20	21 Practice TBD	22 SEMI-FINALS	23 Practice TBD	24 Practice TBD	25 CHAMPIONSHIP	26
27	28	29	30	31		